

Food Dip

Objective

To gain a basic understanding of current sustainability issues relating to the production, transportation, packaging, purchase and consumption of food.

Activity outline

Discuss the Development Compass Rose, use chocolate as an example to understand what N, E, S, W means.

Divide the class into groups and give each group a bag containing the following;

- Fair-trade chocolate
- Organic meat
- Exotic fruit (Guava)
- Blank egg box
- Plastic food packet
- Chemical canister
- Development Compass Rose diagram

Ask the group to look at the objects and discuss their connection to sustainability using the Development Compass Rose.

Discuss as a whole group.

Learning outcomes

- Understanding what sustainability means using the DCR
- Debate topical issues in groups
- Basic grasp of sustainability issues related to food
- Personal choice/making a difference/empowering

Possible follow-up/feedback discussion

Ask the children, to individually write a 'good' and 'bad' food-shopping list, based on the topics above and drawing from their own experiences as shoppers and consumers.

Encourage and supervise further investigation and discussion about key topics such as fair trade, organic farming, GM, and the local vs. supermarket debate.

Use newspaper articles relating to the food dip topics to elicit further discussion *eg the French bean newspaper story*

Food Dip can be used with the lunchbox miles start-up activity.

Resources used

- Hemp bags
- Fairtrade chocolate bar
- Organic steak
- Fruit
- Blank egg box
- Plastic food packet
- Chemical canister
- Development Compass Rose diagrams